



# ADVENTURE PLAY CHALLENGE

*for kids!*

How fast can you run 50 meters?

Make your own obstacle course

Make your own slip and slide

How far can you hop on one leg?

Get your skates or scooter & see how fast you go!

Build yourself a cubby house

Make a "tiny town" or fairy garden

Explore your backyard & make a secret hide out

What's living in your backyard? Go find them!

Set up a campsite in your yard

Dig a hole, fill it with water & make mud monsters!

Build a rock tower and see how high it can go

Create potions from leaves, flowers & seeds

Build a raft to float in the creek

Build a bridge across a creek or stream

Make yourself a leaf boat and let's go racing

Let's Sword Fight with sticks!

Let's be a Wild Beast! It's time to hunt your prey

Find a steep hill and see if you can roll all the way down

Let's wrestle! You VS an adult. Who will win?!

How far you can leap from one spot to another

Can you peel a whole carrot by yourself?

Make yourself a bow and arrow

Draw a map & see if anyone can find your treasure

Learn how to build yourself a campfire

Find a log, or fence & see how long you can balance

How high can you climb a tree on your own?

Climb a mountain and see a different view

Build a watch tower somewhere up high

Go for a bush walk & see what animals you'll find

BASED ON THE 6 PILLARS OF RISKY PLAY  
FOR HEALTHY CHILD DEVELOPMENT